## ARIS FASHION L



Just at present linen embroideries are chijoying a revival of popularity. A variety of linen embroidery that is just done on tan or dark linen that recalls the time colored wrappings of a mummy of one of the earlier dynasties. The designs are mostly Arabic or Egyptian. designs are mostly Arabic or Egyptian characters worked in white, brown or yellow alk.

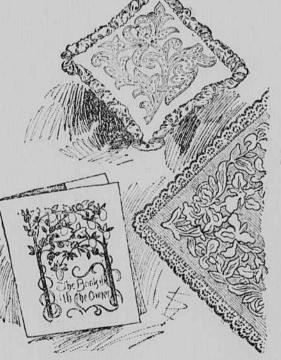
The cabalistic characters on the cal-The cabalistic characters on the cal-endar cover in the sketch are supposed to carry some charm with them. They signify something about the flight of time. The background is tan linen; the applique black and white linen worked about the edges in silk.

The pattern on the thick book cover

is supposed to mean, "The protection of Allah be with you," and is a very pret-ty inscription for a linen cover to be slipped over a handsome birthday gift

The method of working this charming embroidery is quite simple. Two pieces of linen of contrasting colors are tacked together, the design being traced on the upper piece of linen. This outline is then worked out in silk, the embroiders being as heavy as rather lk will permit. The working coarse silk will permit. The working may be slight or claborate, as the taste dictates, but the colors should be chosen with a view to carrying out the idea of oriental effect, dark, dull reds being combined with washed out looking blues, yellows with rich browns and blacks with whites and grays. The outline is done in firm buttonhole stitch and the filling as the embroiderer fan

cies.
When the embroidery has been completed, the upper layer of linen is cut away around the designs, leaving it un-der them as a background. Of course in this part of the work one must exercise very great care, as, unless a small and convenient pair of scissors is judicious-ly used, there is danger of cutting the



A NEW FAD IN EMBROIDERY. To much care cannot be silk and the silk shaded in yellowish brown silk and the leaves outlined and shaded in green. The daffodis are put on as a border, the stem starting from the corner of the cloth, with the silk shading deepest there.

# HOW CHILDREN Too much care cannot be expended by the mother upon the comfort and well beling of her children's feet. So much misery in after life can be dispensed with by thoughtful parents. That it is astonishing indeed when one looks around at the children of ones colored and the shoet which it is suite a struggle to get the transition of the comfort in woolen boots shrunk to half their size, or little kids shoes which it is suite a struggle to get the tiny foot into. Some people have the idea that to let thiny foot into. convenient pair of scissors is judiciously used, there is danger of cutting the under fabric. One advantage of this work is the ease with which it is done. One of the skitches shows a cushion cover on which is appliqued a pair of pairors, the picture showing but one half the design. The background is of gold slik, worked in checks in a darker shade. The body of the birds is put on in the same shade of coarse slik, the wing feathers being shaped of golden brown and crange velvet. The lifteds are outlined in brown slik, buttorhele stitch. The foliace about them is done in brown slik, with an applique borsel, the individual of the property of the birds are outlined in brown slik, with a property of the birds are outlined in brown slik, with a property of the birds are outlined for a bioting book. It can be used as a portfolio instead. A magazine caver can be made in the converse of the sketches of the property of

The brain will receive more perfect ton, even the most comfortable, becomes tiring if maintained for long at a time, and you will find an enormous difference in the matter of fatigue if seepers this precaution should be especially taken. Some rooms are filled will light long before it is time to get up and if some means are not taken to prevent it the morning rest is more or less broken. This is more particularly the case with children, so that it is well to accustom them from the first to sleep in the dark.

A room where venetian blinds are in use can always be darkened, and the next best thing to use is dark green holiand. The morning light pouring in on the face of the sleeper is particularly bad for the eyes, and for this reason alone it should not be tolerated. Sleep in a darkened room will always be found more refreshing.

Call's liend Entire.

Have a saucepan or copper pan fully large enough for the head to have sufficient room. The the head up in a very thick muslin; put it into the saucepan so that the water covers it completely, let it boll up once or twiee; skim it, and add salt and papper, onions, parsley, a bay leaf, cloves and any other spices that may be fancied. Let it cook slowly for six hours, skimming it every now and then you make some little change, if it is only from a rather higher to a lower one.

Before putting away your winter shees rub them over with castor oil. This will prevent their being polished with ordinary blacking when you want them again. It is a good plan not only to oil boots that are being stored, but to do so about once in six weeks, for it preserves the leather.

To renovate a black leather bag sponge it with some strong soda water. When soaked with this, apply a coat of good black ink and allow it to soak in. When done or twies, skim it, and add salt and papper, onions, parsley, a bay leaf, cloves and any other spices that may be fancied. Let it cook slowly for six hours, skimming it every now and thee, When done, carefully remove the muslin, strain, dish up and garnis

and then. When done, carefully remove the muslin, strain, dish up and garnish with green stuff. The cars can be cut a little, and trim the mouth with pieces of lemon, or it looks very unsightly. Serve with a sauce piquante made with oil and vinegar, salt, pepper, mustard and chopped parsley.

A Cure For Croup.

A Strip of flannel doubled, dipped in hot water, wrung out and applied to the neck of a child suffering from croup will often give relief in ten minutes,